

Project-TO

(Riccardo Mazza - Laura Pol)

Resonant Frequencies



1. Concept and Overall Vision

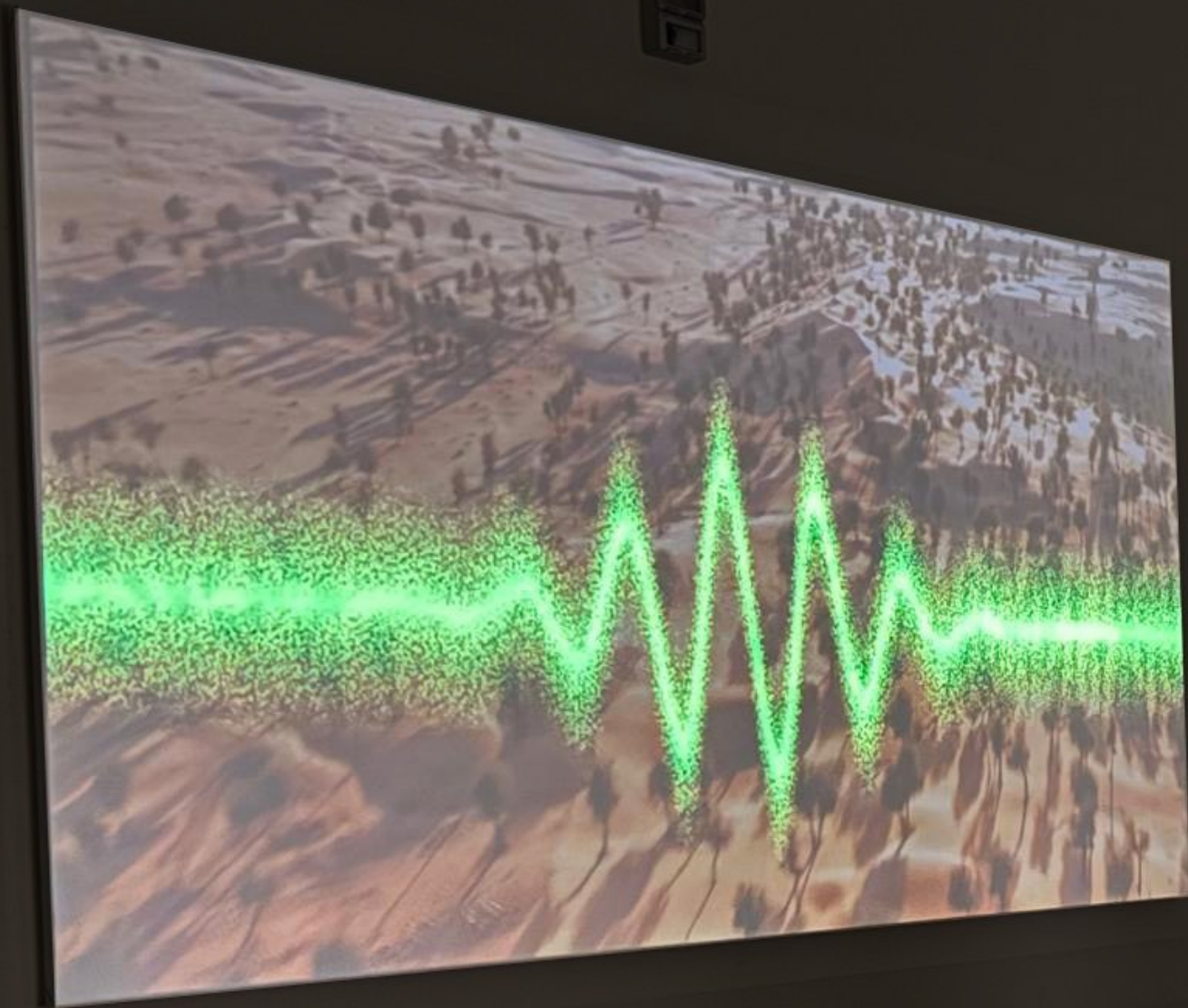
Resonant Frequencies is a multifaceted artistic project — immersive installation, audiovisual performance, and experiential workshop — created by the duo Project-TO (Riccardo Mazza and Laura Pol).

The work explores the relationship between technology, sensory perception, and the spiritual dimension, transforming the visitor's heartbeat into a visual and sonic sign: a contemporary act of divination that connects body, imagination, and environment.

In a world dominated by biometric measurements and algorithms, the installation restores an inner dimension to the individual: the heart becomes a modern oracle, generating symbols and connections between the visible and the invisible.

The experience unfolds through the four elements — Fire, Air, Water, Earth — understood as emotional and spiritual archetypes. Each participant selects the element that resonates most deeply with their inner state and offers their heartbeat as a creative impulse. The algorithm translates this pulse into images and frequencies: a unique and unrepeatable “digital spiritual seal.”

The result is symbolic rather than predictive — a reflection merging chance, interpretation, and participation. As the event progresses, all heartbeats merge into a continuous collective tapestry, turning the installation into a living organism animated by shared energy.



2. Immersive Installation: The Heartbeat of the Soul

The installation guides visitors through a contemporary sensory ritual:

- Fire – desire, transformation, will
- Air – thought, intuition, freedom
- Water – emotion, sensitivity, depth
- Earth – memory, grounding, stability

Heartbeat data becomes graphic and sonic material. Each vision is a personal spiritual seal, a bridge between physical and symbolic space. During the event, all visions intertwine into a pulse shared between East and West, real and virtual.





3. Live A/V Performance

The performance emerges from the dialogue between:

- the electronic and electroacoustic music of Riccardo Mazza
- the generative visual work of Laura Pol

Visitors may contribute their heartbeat, subtly integrating into the sonic fabric as a symbolic presence. Technology becomes a ritual language revealing the resonant frequency of the soul.

4. Experiential Workshop with CAMT – Chiang Mai University

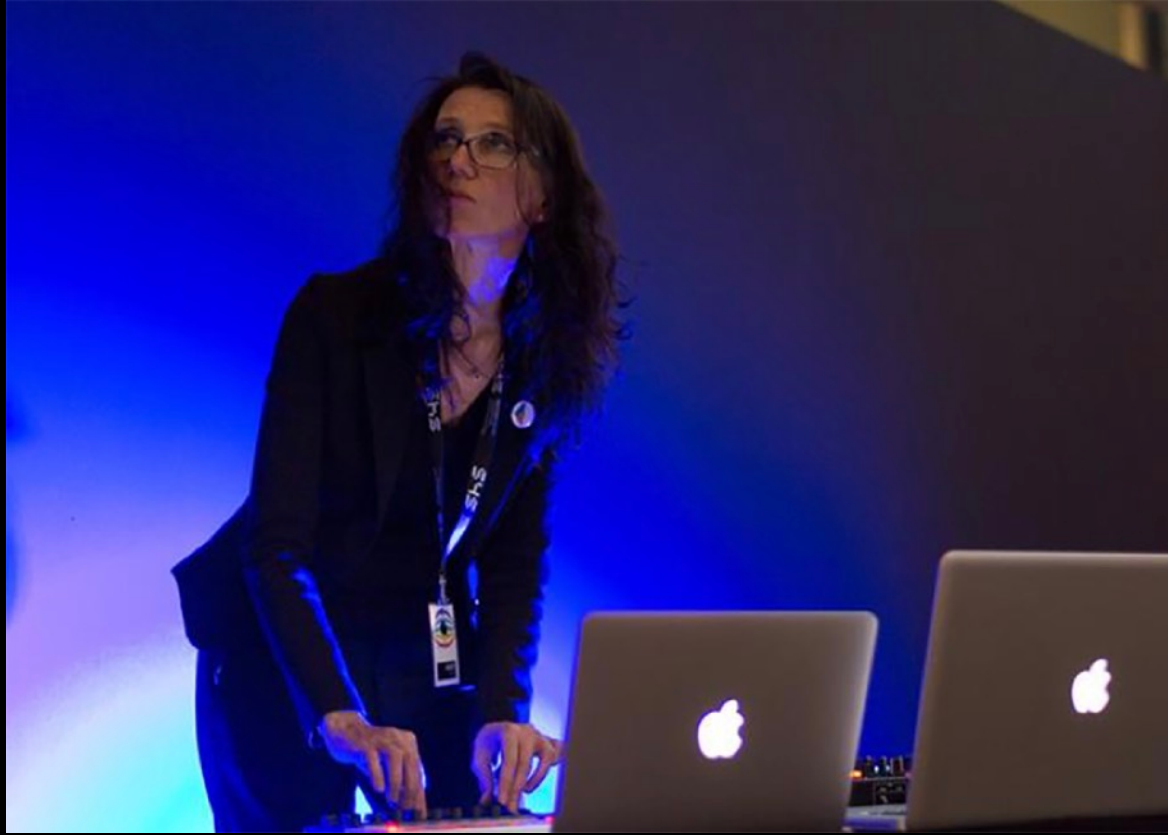
An educational workshop is held in collaboration with the College of Arts, Media and Technology (CAMT) – Chiang Mai University.

It includes:

- guided listening sessions
- outdoor field recordings
- reflection on sound, culture, and spiritual perception

Students create a collective sound archive incorporated into both installation and performance, fostering intercultural exchange between Thai sensibilities and Italian artistic research.





Laura Pol – Visual Artist

Photographer and videomaker active in museums and cultural institutions. Since 2015, visual artist of Project-TO, participating in leading international festivals.



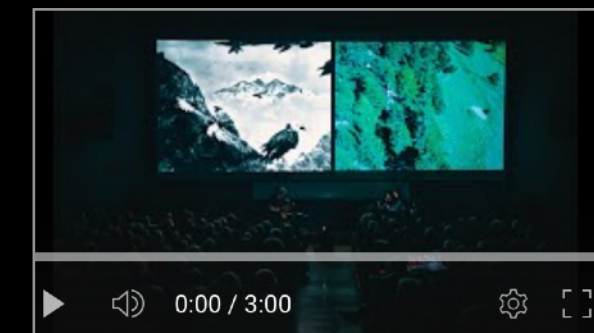
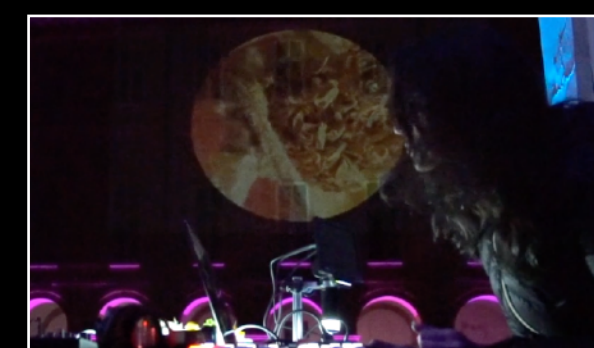
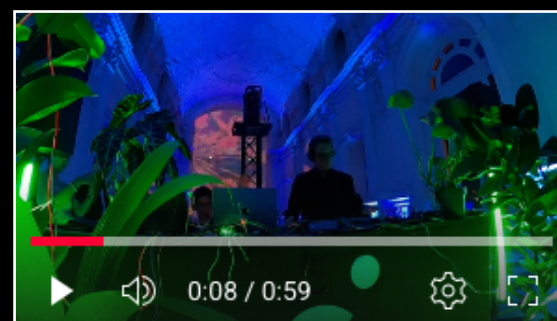
Riccardo Mazza – Composer & Multimedia Artist

Composer and researcher specializing in psychoacoustics and spatial sound. Collaborator of Franco Battiato from 1997, creator of SoundBuilder, contributor to Venice Biennale, and author of the Sonic Earth project.



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